



# THE MESSENGER

*Beautiful Savior Lutheran Church*

[www.beautifulsaviorlutheran.com](http://www.beautifulsaviorlutheran.com)

**It's up and running!  
Go check it out!**

**Worship times—8:30  
and 11 AM with Adult  
Forum and Sunday  
School in between at  
9:45 AM.**



*The Messenger*

FEBURARY 2010

## ADDING TO OUR HANDBELLS

You have probably heard us announce on Sundays that we have a happy problem at Beautiful Savior. Our handbell choir has grown to the point where they are short on handbells! We thank Patrick and all the handbell choir members for bringing us such beautiful music. We now want to support them by buying another octave of handbells, so that there will be room for even more handbell choir members. An octave of handbells (13 bells) costs about \$5,000.

We invite you to make a special offering towards handbells, if you would like to support this music ministry. We will not be using our regular Sunday offerings to buy the handbells, since these offerings all go toward our budgeted ministry expenses. Rather, we will wait until enough special offerings have been made to pay for the new handbells. There are special donation envelopes at church that can be used for your handbell gift. Thank you for considering this!

*“Celebrating,  
Deepening,  
and Sharing in  
God’s Love.”*

We are delighted that we have already received \$1,650 for new handbells. Our Mission Endowment Fund at Beautiful Savior has led the way with a gift of \$1,000 and now other members have joined in.



## From Pastor Jaech

Dear Friends in Christ,

Have you ever asked yourself what else you could do to follow Jesus? How you could deepen your relationship with or get closer to God? Have you ever felt called to be Jesus' disciple in the world, but didn't know where to start? This Lenten season we will have an opportunity to explore how to follow in *The Way of Jesus* and grow in the daily practice of our faith.

Jesus said to his disciple, "I have come that you might have life and have it abundantly." (John 10) Then, through his words and actions, life, death and resurrection, Jesus revealed to them the way to receive and experience that life from God. Jesus was, literally, the true and living Way. In hope and trust, the disciples followed the Way of Jesus, which moved them toward unity with God, one another, and the world. That is why the earliest Christians called themselves the Followers of the Way.

During our season of Lent, which begins in just a few weeks, all of us at Beautiful Savior will have the chance to enter in to the Way of Jesus. Over the centuries, Christians have often committed themselves during the 40 days of Lent to do something special that will deepen their faith. The Lenten custom is often to pray, worship, do acts of service and "give up something for Lent." This year, we are invited to "take up something new for Lent" which will help us to understand and experience the new life Jesus wishes to give to us. We will have the chance to take up and practice doing some of the specific things that Jesus teaches us.

The Way that Jesus teaches contains four elements:

Centered in God

Eyes opened

Personal re-birth

Transforming the world in service

You will find a full page of information in this newsletter that explains more fully the Way of Jesus and how Lent will be a "Spring Training" time in which we will have opportunity to practice that Way.

All of us, I believe, have a desire to live each day in deep connection with God and reflecting God's love for the world. As one of our hymns goes, "I want to walk as a child of the light; I want to follow Jesus." Yet, we may feel unsure how exactly to do that in a practical and effective way. Beyond coming to church more often and saying our prayers, what exactly does it mean to be a disciple?

I am excited that during the 40 days of Lent we will study and put to practice the Way of Jesus. I invite and encourage you to join with us in the various events that will take place during these 40 days. This will be an investment of your time and energy that will have rich payoff in your faith and life.

Yours in Christ,

Pastor Rick Jaech



## EDUCATION NEWS ...

### ADULT FORUMS IN FEBRUARY

Join us at 9:45am in the sanctuary each Sunday for an interesting study and discussion.

- Feb. 7 A look at how Jesus lived his life, centered in God. Led by Pastor Jaech
- Feb. 14 Lutheran ministry in the Washington State Prison System. Led by Carol Porter, who worked extensively in Washington State prisons and is very much involved in the ministry of Living Stones Lutheran Church at the Washington Corrections Center in Shelton.
- Feb. 21 The Way of Jesus: an overview.
- Feb. 28 That Way of Jesus: Centered in God

### WEDNESDAY AT CHURCH!!

**Wednesday Night @ Church** is in full swing!! Not only do you not have to fix the meal, you get to eat out with some of the best company in town. Last year there was an average attendance at dinner of 65-70 people from Beautiful Savior. Come, bring the kids and enjoy the evening. Dinner at 5:30 PM!

How could anyone pass this up? Even the price is right. There is a suggested donation of \$5 to help cover costs, but **everyone eats**, regardless of whether they donate.

Of course there is more, much more, than just the dinner hour. **Cherub and children's choirs** rehearse before dinner (4:30 PM). **Bell choir and adult choir** rehearse after dinner. **Confirmation class** (see related article) and **high school youth group** meet after dinner, as well as the very thought provoking **Bible studies** led by Gerald Hoffman. Nursery and supervised activities for children are provided.

This is an opportunity for whole families, single people, older people and young ones to come together and enjoy getting better acquainted. At the same time we are being enriched by our common desire to celebrate and enrich our faith. No doubt about it, Beautiful Savior is **the** place to be on Wednesday evenings. See you there!

### Spanish Class ~

As part of our Wednesday at Church program, Pastor Abel Gomez, is teaching Spanish to those that are interested. There maybe be a nominal fee for materials. Join Pastor Gomez on Wednesday nights at 6:30 PM!

### GUEST SPEAKER ON LUTHERAN PRISON MINISTRY

#### February 14

On February 14, we are blessed to have as our guest preacher, Carol Porter, who will talk about the rich ministry that is happening in Lutheran congregations within prisons. She has many profound stories to tell about the real-life faith journeys happening in prison. Ms. Porter will also speak at the Adult Forum on that Sunday

Carol Porter began her career in the criminal justice system during 1971 in Phoenix Arizona. She moved to Washington State in 1976 and began a 31 year career in Washington corrections working with juvenile and adult convicted offenders. Carol held positions as Regional Administrator, responsible for the executive oversight of prisons and community corrections in a geographic area, Deputy Director of Community Corrections, and Superintendent of Tacoma Pre-Release, Maple Lane School, Washington Corrections Center, and Washington Corrections Center for Women. While Superintendent of Washington Corrections Center, Carol partnered with ELCA Lutheran Southwestern Synod to form the Living Stones Lutheran church at this prison.

Carol retired from Washington Department of Corrections in 2007. Since that time, she continues work with juvenile offenders at Maple Lane School and consultants nationally concerning operational practices in female prisons. Carol serves on the community board for Living Stones and on the national board for Prison Congregations of America.



## *Opportunities to learn, share, and grow ...*

### **BROWN BAG COLLECTIONS**

Thank you all for your heartwarming gifts during December and your body warming gifts in January.

For your planning, future Brown Bag collections are as follows:

**February:** Baby and toddler diapers and personal cleanliness items.

**March:** Pastas and sauces

**April:** Protein foods, especially canned tuna, canned chicken and peanut butter

Brown bags will be distributed the second Sunday of each month and collections will be delivered to shelters or food banks at the end of each month. Donations should be placed in the marked barrel which will be in the back hallway or in the narthex.

The organizations that receive your donations have expressed their heartfelt thanks to all of you as we have made deliveries.

~Your Social Ministries Committee

### **CARE NETWORK NEWS**

Thank you to the members and those helped with the Christmas Food Box adventure! We truly exemplified the meaning of "It is better to give than receive". We delivered 8 food boxes, a vegan box, and a fruit basket with doggie treats!

Without the help of our Social Ministries Committee and the support of our pastor, we could not have been nearly as successful in the ministry of giving.

If you, or someone you know would enjoy being a part of the Care Network, please join us on the first Wednesday of each month at 5:30 PM during the Wednesday @ Church dinner hour. Next meeting: February 3. No meetings

during Lent ... join us for Soup and Bread. Contact Don Brenteson, Gary Bohman or Sandi Holland.

### **MEXICO MISSION 2010**

We are starting up our plans to go to Tijuana, Mexico, this summer and build houses for families in need. We invite you to join us! Our travel dates this summer are July 3-9.

Our next planning and organizing meeting will be on Wednesday, **February 3, at 5:30pm**. This will be during the dinner hour of Wednesday @ Church. So, join us for dinner and find out about Mexico. We will also begin to plan our Mexico Dinner and Auction that will help us raise money for this service trip.

### **ASH WEDNESDAY—FEBRUARY 17**

Lenten Soup and Bread begins on Ash Wednesday, February 17. Worship will be at 7pm that evening.

On following Wednesday evenings during Lent, the schedule will be:

6pm dinner

6:45pm reflection groups

7:15pm worship

*See the related article about the "Way of Jesus" for more information about Lent.*

### **Fair Trade Olive Oil, Couscous, Soap from Palestine**

There will be another opportunity to purchase olive oil and other items from Caanan Fair Trade on March 7. The booth in the narthex will feature these products from Palestine after both services. These items are great buys for yourself or for gifts. Support fair trade!

## OPPORTUNITIES ...

### Helping Haiti – A Million Dollar Challenge

You want to help those affected by the Haiti earthquake. Thrivent Financial wants to join you.

Thrivent Financial for Lutherans will add \$1 to every \$2, up to a total Thrivent Financial contribution of \$1 million, when our members (you are a member if you have an insurance policy or investment with Thrivent) donate to one of the following:

- Lutheran World Relief.
- ELCA Disaster Response.
- LCMS World Relief/Human Care.
- WELS Committee on Relief.

Thrivent Financial will add a maximum of \$250 per member donation, and donations will be accepted through March 31, 2010.

For questions or to make a donation over the phone or via U.S. Mail, please call 800-236-3736 from 7 a.m. – 6 p.m. Central time, Monday – Friday. When prompted, please say "directory" and enter ext. 83003.

### Lunches for Free Clinic of SW Washington

Beautiful Savior Lutheran Church continues to provide sack lunches once a month for clients of the Free Clinic. We make and pack 50 lunches usually on the 3<sup>rd</sup> Thursday of each month. Lunches consist of sandwich, chips, fruit or veggie snack and cookies. The cost is approximately \$100 for the 50 lunches. Thank you to everyone for the generous donations you have provided via the envelopes in the pews. Thank you to **Don and Shannon Fitzgerald** for being the organizers of this ministry for the past 10 months. **Tim Nelson** has now agreed to coordinate this project. If you are interested in volunteering to help pack lunches, please call Jo`an Sterr. Many hands make light work.

### Faith Advocacy Day in Olympia

Washington State Legislature is in session!! It is a short year as they meet from Jan 11 – March 11, 2010. **February 16 is Faith Advocacy Day.** Sponsored by Washington Association of Churches, Lutheran Public Policy Office and 16 other religious organizations, people of faith from across the state are invited to come to Olympia, participate in an interfaith worship service and meet with their legislators to voice concerns. **As some very difficult budget decisions are being considered this year, people of faith need to make their voices heard!** If you would like to join the group going from Beautiful Savior, please call **Rick or Ann Giles**. Car pool groups will leave at approximately 6:45 AM and return at approximately 5:30 PM. Additional information, including registration, is available at [www.thewac.org](http://www.thewac.org). The \$25 registration fee includes packet, breakfast and lunch.

### Holden Village

We would like to get an all-ages group of BSLC members together to go to Holden Village, a Lutheran Retreat Center in the Northern Cascades (near Lake Chelan) for a week this summer. A week at Holden offers many opportunities for worship, exploring the great outdoors, learning from notable scholars, doing arts and crafts, and deepening relationships. The tentative dates are August 1<sup>st</sup> through August 7<sup>th</sup>, and the cost ranges from \$450 to \$1400, depending on the number of people per family. If you would be interested in participating in this trip, please put your name and contact information on the interest sheet posted in the narthex. For more information, contact Rachel Brocker at the church office



## LUTHERAN WORLD RELIEF EFFORT ....

From Sharron Brainard:

Lutheran World Relief is requesting additional layettes and health kits as well as quilts for Haiti. They have a shipment going out this week from Maryland but they know they will need more and are requesting more from participating churches like us.

**Made a cash donation to Doctors Without Borders today as that is the most urgent need.**

So now I am inviting you to help, too. If have grandchildren or you know someone who has small children who may have grown out of items we need that might be willing to donate, I'd love to have you ask them to help! Thrift shops are good sources, too.

Layettes need: 2 jammies or nightgowns, two onesies or Tshirts, 4 CLOTH diapers, two wash cloths, two larger receiving blankets (30" square, up to 42" square), a sweater or jacket, a bar of gentle soap like Dove (no Ivory!) and two diaper pins (best sources are WinCo and Albertsons). Gently used clothing items are acceptable! Jammies and onesies/Tshirts in sizes 3 mos. - 24 mos. are requested. Sweaters/jackets 12 mos. - 24 mos.

Health kits need: 1 dark colored hand towel (a large bath towel will make 3), 1 similar colored wash cloth, 1 tooth brush, 1 nail clipper WITH attached file, a wrapped bar of soap, 6 BandAids, 1 comb (wide tooth preferred or wide/narrow combo).

There are some seed items for kits already at church but won't go very far! Let me know if you can help!

Bless you!

TO BEAUTIFUL SAVIOR LUTHERAN CHURCH:

From David Tobin

I have been here at BSLC since the early 90's. Now I would like to be a volunteer social worker for us here. I worked for years as a geriatric social worker and now I would like to help anyone here who might have problems with mental health, including problems like beginning dementia, memory loss, depression and/or anxiety, or any other possible psychological problem. I am not working now as a social worker, but I do miss the work to help people with problems.

Now as social worker, I will focus on helping be proactive rather than reactive. That not addressing problems until they are very serious and mainly need drugs. There are in fact many behavioral therapies individuals can use for helping maintain health or keeping problems like dementia from moving quickly past the early stages I am really pleased that having religious life can help also. I want to say that if a problem is discussed and I do not know much about it, I will spend time studying it in order to provide help.

So I am pleased to help as a volunteer for anyone here with mental or emotional problems, or if help information is needed for relatives. I can be available on Sundays and also Wednesday evening. I come to church on Wednesday for Bell Choir practice, but I can come early for provide help. I may also in the future be available at other times. Please contact.

Thank you,

David Tobin

## **AUTOMATED OFFERINGS** **through *Simply Giving***

Did you know that you can arrange with your bank to mail your church offerings directly to the church each week or each month, as you wish? We call that option *Simply Giving*. Quite a few of our church members use this method. It allows you to decide in advance what you want to give to the church and makes it happen on the schedule you create. In that way, you don't have to worry about forgetting your offering envelope on Sunday or losing track of what you are wanting to give.

*Simply Giving* was designed by Thrivent Financial, the Lutheran financial services association. It is similar to other bank or online services that people use to make regular bill payments. Beautiful Savior members have been using this method for about ten years and have found it very helpful. If you would like to use our *Simply Giving* program to send your offerings, please contact the church office. We have an enrollment form that you can fill out.

## **GREEN TEAM NEWS:**

Another approach to an environmental issue with a safety angle from Jim Mansfield, Waste Reduction Specialist with Clark County Department of Public Works.

### **UNWANTED MEDICATIONS**

Unwanted medications are medications that are outdated or no longer needed. People often inherit prescriptions or over-the-counter drugs when a relative or friend has passed away. Getting rid of expired and unneeded medicine from our homes safely helps reduce access to drugs that could be abused.

### **DID YOU KNOW?**

More people die from drug overdoses than from car accidents in the state of Washington. The majority of these overdoses are due to prescription pain relievers.

Prescription pain relievers are the illicit drug of choice for 12 to 13 year olds.

More than half of teens say that prescription pain relievers are available everywhere.

1 in 5 teens have used prescription drugs to get high.

Every day 2,500 kids abuse prescription drugs for the first time.

3 in 5 teens say prescription pain relievers are easy to get from their parents medicine cabinets..

Of the 10th grade students in Clark County, one out of every ten has used prescription drugs to get high in the last month (as of November 9).

### **WHAT CAN YOU DO TO PRTECT YOUR CHILD?**

Find out more information about the danger of prescription drugs at [www.theantidrug.com](http://www.theantidrug.com) and talk to your child about the real danger of misusing prescription drugs.

For more information visit [www.preventclarkcounty.org](http://www.preventclarkcounty.org) for local resources.

Be sure to monitor and secure your medications and safely dispose of medications you no longer need. Go to [www.Recycling A-Z.com](http://www.Recycling A-Z.com) and search for Medications.